



## EXCELLENCE IN SCHOOL WELLNESS LEADERSHIP AWARD

DEADLINE  
**2/14/19**

### SCHOOL BUILDING APPLICATION

## \$2,500 award towards school wellness activities

*The purpose of the School Wellness Awards is to recognize one individual and one school on the East End for their leadership in school wellness. The Awards are intended to honor and reward the good work taking place in our East End schools and inspire other schools to take action. A group of community leaders will select the winners which will be announced in Spring, 2019.*

SCHOOL NAME:			
APPLICANT'S NAME:		TITLE:	
EMAIL:		PHONE:	

1. What is the amount of nutrition education your students receive in a year either from teachers or outside educators during the school day? (50 words or less\*) (10 points)
2. What is the amount of weekly physical activity for your students? Is there a written plan for active indoor recess? (50 words or less) (10 points)
3. Does your school have an active wellness committee? How often do they meet and what have they achieved? Have they reported to the community on progress of Wellness Policy goals? (100 words or less) (15 points)
4. Has chocolate milk been removed from the cafeteria? (yes or no) (5 points)
5. What has your school done to reduce or eliminate unhealthy food on campus and in the classroom? (150 words or less) (15 points)
6. What has your school done to help students develop healthy habits and promote healthy choices? (200 words or less) (15 points)
7. What has your school done to support staff wellness? (50 words or less) (10 points)
8. How does your school help all students with stress management and social/emotional health? (100 words or less) (10 points)
9. How do you communicate with and involve parents with your schools wellness goals? (150 words or less) (10 points)

*\*please adhere to word limits for application to be considered*

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SCHOOL PRINCIPAL / PRINTED NAME

\_\_\_\_\_  
SCHOOL PRINCIPAL / SIGNATURE

\_\_\_\_\_  
DISTRICT WELLNESS COORDINATOR / PRINTED NAME

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DISTRICT WELLNESS COORDINATOR / SIGNATURE

Feel free to attach any school policies or other written support documentation

**Please submit by fax to 631-329-3714 or email to [info@wfeh.org](mailto:info@wfeh.org)**